

HAWAIIAN MODERN LUXURY

HOLIDAY 2007 | SPRING PREVIEW 2008

1ST ANNIVERSARY

日英バイリン

日本語版は反対側か

GILT-Y PLEASURES!

+ P

DERMA DIVA

Aesthetician Keahe Lindsey recounts the details of a recent noontime trip to the beach as if she were in confession. Though the mother of three takes skincare seriously, she knows all too well how easy it is to get lax on her regimen, especially in paradise. Lindsey is sending out an S.O.S.—to save our skin that is. "It is our body's largest organ," she stresses, noting that in general, most people don't use enough sunscreen. It's a point that Lindsey drives home to everyone around her. Just ask her neighbors who all get sunscreen from her as gifts! Still, the former model is quick to point out that beauty starts from the inside out. So if you really want to glow, Lindsey suggests maintaining the skin at the cellular level, in addition to creating peace of mind—she herself is an avid fan of Ashtanga Yoga (as if we couldn't tell). —*Lianne Bidal Thompson*

Get professional help: You go to a mechanic for your car and a dentist for your teeth—I'd definitely encourage consulting a specialist or dermatologist for your skin. **Facial fix:** For a skin boost, try Kenner Dermatology Center's signature Environ Medical Facial. **Out and about:** When you need a quick dose of SPF, choose a mineral-based sunscreen like Colorscience Sunforgettable water-resistant powder in SPF 30. The retractable brush makes it easy to apply just about anywhere, and it's not greasy. **Smooth moves:** In the first three minutes after you come out of the shower—moisturize. I'm also a big believer in Ashtanga Yoga. Try a headstand pose—it'll bring back the child within you!



Clockwise from top right: The facial room at the Kenner Dermatology Center (642 Uluahiki St., Ste. 104, Kailua, 283.2233). Keahe Lindsey favors mineral-based sunscreens SPF 30 and up, such as Colorscience Sunforgettable SPF 30 Brush. Yoga pants from Lululemon Athletica. "Skincare doesn't have to be intensive" says Lindsey, who recommends a Vitamin A cream, like Inzyme C-Quence. Lululemon Athletica top.

BEIJING AFTER
ELUA'S DYNAM
IN DA CLUB(H
GOLF TOU
AROUND TH
DANA BROWN
LATEST SUR



"I'VE RESCUED MY WHOLE NEIGHBORHOOD! CONSTRUCTION WORKERS, WELDERS, EVEN MY CONTRACTOR DAD—I'VE TURNED THEM ALL ON TO VITAMIN A CREAMS AND MINERAL SUNBLOCK."

H MITCHE