

## LIFEstyle

Screen siren NAOMI WATTS reveals her fashion secrets

## MY STYLE

ACTRESS Naomi Watts, 39, has always had a strong sense of style. Born in Kent, she moved to her mother's native Australia when she was 14 and now lives in New York with her partner, actor/director Liev Schreiber, and their one-year-old son, Alexander. Naomi's most recent projects include *Eastern Promises* and *The International* with Clive Owen. She is also the new face of Thierry Mugler's perfume, *Angel*.

**Define your style**

**ECCLECTIC** — all kind of looks, depending on how I feel. Once, I put on a Stella McCartney top with a huge amount of feathers and I looked like a Russian hooker. And then sometimes I feel like looking very elegant. I like Marc Jacobs and sometimes a nice sharp Gucci suit.

**What's your favourite jewellery?**

A GOLD necklace with a round pendant. The word 'Mama' is repeated over and over again in a pattern, forming a continuous circle. It was a present from my partner Liev. I love it.

**Fashion essentials?**

JEANS and T-shirts, sunglasses, maybe a Juicy jacket. It varies.

**You're a natural blonde. Would you go dark in real life?**

YOU definitely stand out more being blonde. When I had dark hair I felt more anonymous, but it was fun. I love the combination of dark hair and blue eyes. I like my hair straight and natural. People always want to curl it, for some reason.

**What are your diet secrets?**

I EAT a lot and I cook. I do a good roast chicken, great pastas and risottos. I love pasta and cheese, and good wine — red and white. I'm not very good at baking. I don't make desserts, but I do eat them. I have a very fast metabolism.

**Would you have plastic surgery?**

GOD no! People my age and younger are having so much work done, but my view is that it's a terrible thing to mess with your face. As an actress, my job is to express myself. No, seriously, we've got to allow ourselves to age gracefully. And somebody's got to play the old ladies.

**Top beauty tips?**

MEDITATING and being with nature in the countryside. I love being outside with trees and water, lying down somewhere or walking. I love the ocean air and sleeping. I'm good at sleeping. I do transcendental meditation, which keeps me calm and steady. I also drink lots of water and have a facial every six to eight weeks.

**Fashion icon?**

KATE MOSS. I want to be hip like her.



Jeans to red carpet: Naomi knows what she likes to wear

Pictures: ALLSTAR, XPOSURE, REX

**Favourite designers?**

I LOVE Marc Jacobs, Roland Mouret for great red-carpet dresses, and Zac Posen.

**What is in your handbag?**

SUNSCREEN, my wallet and a pair of Chloe sunglasses.

**Favourite fashion decade?**

RIGHT now. But I really love the clothes from the Thirties and Forties. I love all those dresses — they really celebrate shape.

**Have you had a fashion disaster?**

I GOT accused of wearing a really bad outfit at the Oscars a couple of years ago. I loved it, I thought it was beautiful, but everyone else hated it. It was a Givenchy flesh-coloured dress — very deconstructed. I like to experiment.

**Favourite freebies?**

JEANS — I get them from every designer. Now I can afford to buy them, I don't need to. My wardrobe is full of jeans; people send them to me all the time.

**Favourite jeans?**

I LOVE J Brand and James. I am a jeans girl — I never get sick of them.

**Your favourite shoes?**

MY SILVER Birkenstocks. They are the most comfortable shoes ever.

**What is your beauty regime?**

I USE moisturiser, eye cream and sunscreen by Eaviron, a South African brand. I don't wear make-up during the day, but if I'm going out I use Chantecaille Beauté. It is expensive and French, but it's organic and feels wonderful. I love it.